# Special Instructions

As the patient, if you have any questions or problems:

- · Call your prescribing physician with any physical or medical problems.
- $\cdot$  Call your fitting specialist for any problems associated with the product.

Physician Name	
Physician Phone	
Fitting Specialist Name	
Fitting Specialist Phone	

ottobock.

# **Instructions for Ottobock Wrist Brace**



Otto Bock HealthCare LP Two Carlson Parkway North, Suite 110 Minneapolis MN, 55447 P 800 328 4058 · F 800 962 2549 Made in China

### 28P212=\* Ottobock Wrist Brace

Thank you for using an Ottobock product. The following information will help you fit and care for this product. Please review it before using this product and ask for clarification if needed.

### Indications

- · For wrist support due to injury or strain.
- · Tendonitis
- · Selected Injuries
- · Post Cast Healing
- · Soft Tissue Injuries

### **Application**

- 1. Follow all instructions carefully that were provided by the fitting specialist and your prescribing physician.
- 2. Open hook and loop straps. Slide hand into support, gently guiding the thumb into the thumb hole.
- 3. Thread hook and loop straps through D-rings.
- 4. Adjust the three straps for comfort and fit.
- 5. Cut excess strap if desired.

## CAUTION

NOTE: Do not over tighten. For best results, adjust each strap a second time to ensure a comfortable fit.

### Removal

1. To remove the brace, unthread the hook and loop straps to release

### **Cleaning and Care**

### CAUTION

- 1. Hand wash in cold water using mild soap.
- 2. Line dry only. Allow to dry thoroughly.
- 3. Avoid direct heat or sun.

### CAUTION

# **Further Usage Restrictions**

The product is designed for use on one patient only. Reuse of the product is not permitted. The daily duration of use and period of application are dependent on medical indication.

### Liability

The manufacturer's warranty applies only if the device has been used under the conditions and for the purposes described. The manufacturer recommends that the device be used and maintained according to the instructions for use. Details of the warranty are available at www.ottobockus.com

## **Clinical Fitting Instructions**

- 1. Measure the wrist circumference.
- 2. Select appropriate size.

# **Adult Sizing Guide**

Side	Size	Measurement
L/R	XS	5.25" to 6.25"
L/R	S	6.25" to 7.25"
L/R	М	7.25″ to 8″
L/R	L	8″ to 9″
L/R	XL	9" to 10"
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