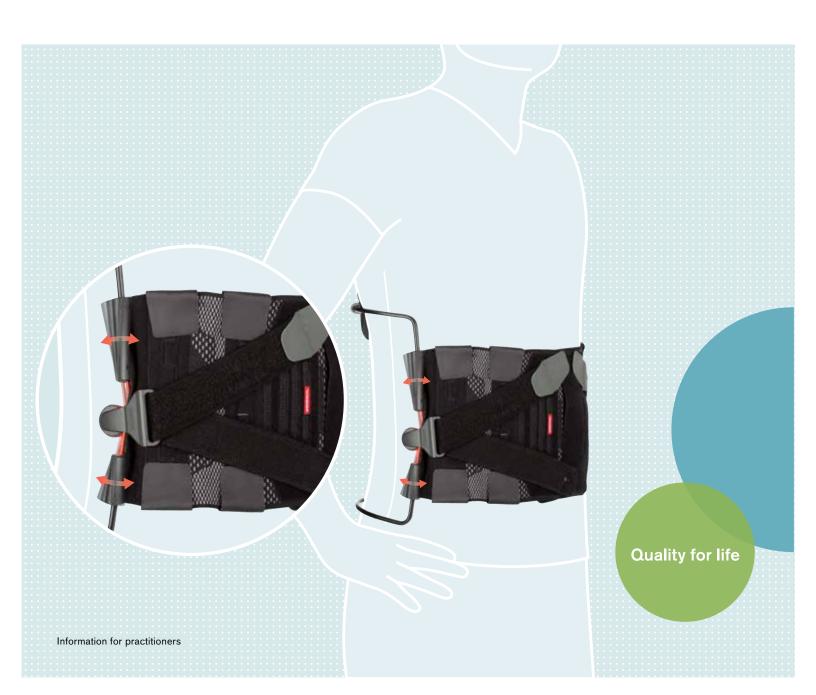
#### ottobock.

# Active support for back pain relief

Dyneva. Improvement through Movement.



## The most widespread cause of illness Back pain causes 40 million days of sick leave<sup>1</sup>

About 20% of people affected by acute low back pain develop chronic low back pain with persistent symptoms at one year.2

The lifetime prevalence of non-specific low back pain is estimated 60-70% in industrialized countries.4

7.4 billion dollars

Back pain exacerbations and lost productive time in United States workers ages 40 to 65 costs employers an estimated \$7.4 billion per year.1

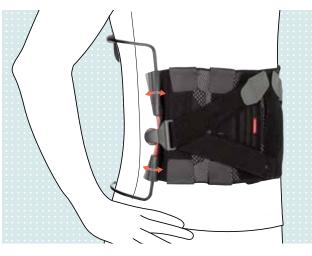
One half of all working Americans admit to having back pain symptoms each

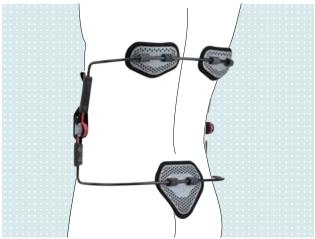
According to Dr. Sylvia Schreyer, a Senior Consultant in the Spinal Injuries Unit at Schön Klinik in Nuremberg/Fürth, back pain is often non-specific, without any anatomical or functional cause. In cases where specific back pain is diagnosed, the cause is often degeneration of various segments of the spine.

## Above-average patient compliance High level of acceptance by patients

66% say that wearing a brace reduces their pain.<sup>5</sup>

96% say the brace provides them with a sense of security.<sup>5</sup>





#### Use of orthotic devices

A 2014 study by eurocom e.V. shows patients who wear prescribed orthotic devices found them very helpful and that they deliver above-average benefits. Our many years of experience in the field of orthotics testify that:

- There is great willingness to try all conservative treatment options
- · Patient compliance is particularly high for braces that are used on a daily basis
- · Motivated users who have been briefed on the use of their brace achieve good results

A study on spinal stenosis has clearly defined the link between the use of lumbar braces and the patient being able to walk greater distances. Patients with these symptoms benefit from the stabilization provided, which can have a positive, alleviating effect on pain levels.6

Reason enough for us to introduce the Dyneva, which extends the patient's entire spinal column during movement.7 Thanks to the properties described above, the orthosis not only gives the patient a sense security, but reduces pain, and increases mobility.

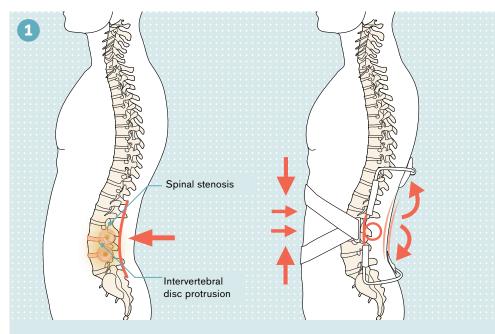
See pack page for sources

## How the Dyneva works Extension through movement

#### Benefits at a glance

- ▶ Unique spring mechanism extends
- ▶ Biomechanically and clinically tested
- ▶ Regulates muscle strength
- Sustainably reduces the load on

With its unique spring mechanism, the Dyneva successfully and sustainably reduces the compression of motion segments and facet joints caused by muscle strength, and extends the lumbar spine. As a result, the entire spinal column is extended during movement, which can lead to a widening of the spinal canal. This enables users not only to walk greater distances, but also to participate actively in everyday life.



1 Spinal stenosis, often caused by the formation of osteophytes in the spinal canal, plus degeneration and the resulting inflammatory capsular ligament structures and protrusions, can narrow the spinal canal.

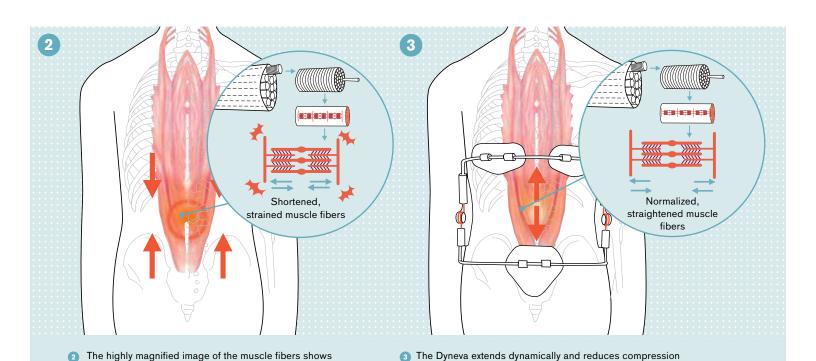


the compacted, painful muscle structure.

"The Dyneva is very easy to fit. The flexibility of the frame and the abdominal strap allow me to successfully fit patients of all shapes and sizes. The freedom of movement they gain as a result of the spring mechanism has proved to be the key benefit to my patients. To date, all my patients have responded positively to the Dyneva."

caused by muscle strength. This effect becomes perceptible

Martina Krausser, Orthotist



during movement.

# Sick leave for back pain? No thanks! Improvement through Movement

Help us change attitudes! Conscious and deliberate movement – rather than immobilization – has the greatest impact on the efficacy of the Dyneva.

Unlike conventional braces, the Dyneva focuses on promoting physical activity and thus maintaining a normal lifestyle. A user survey in clinical practice showed that use of the Dyneva reduced pain significantly and enabled users to walk farther with a physiological gait pattern. Patients with lumbar-spinal problems found that wearing the Dyneva for just two to four hours per day during physical activity was enough to reduce their pain.



#### Benefits to the patient

- ▶ The brace only needs to be worn during active movement
- ▶ Patients confirm the brace is easy to put on and take off
- ▶ High patient compliance due to its open-back construction
- ▶ Patients are able to resume activities of daily living sooner

#### **Sources**

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Please contact us if you have any further questions or would like more information.