

C-Brace®: Definitive Fitting and Software Settings Checklist

Requirement: Completion of the C-Brace (2) Online Training is required before the definitive fitting. A C-Brace Setup App username and password will be issued upon completion of the online training.

Having the patient's Physical Therapist present during the fitting is preferred. The Therapist should have reviewed online C-Brace Gait Training modules before fitting.

Resources

1. Basic and advanced software setting & adjustments: <https://mylearning.ottobock.com/learn>

**Users will need to register and log into Ottobock's myLearning platform.*

2. C-Brace Setup App (for Orthotist) and Cockpit App (for patient):

C-Brace Setup App:

https://play.google.com/store/apps/details?id=com.ottobock.prosthetics.ll.cbracesetup&hl=en_US

Cockpit App (iOS or Android): https://www.ottobock.com/en/cockpit-app/cockpit-app-2.0/cockpit-app_neu_en.html

3. Physical therapy patient training:

<https://www.youtube.com/watch?v=gPFAXg3S15Y&list=PLpvGLdlXdCU0DeBR8f2MNLffX2lQssOS2>

4. Video conference: FaceTime or Video Conference with an Ottobock Orthotist (broadband internet and scheduling required)

Equipment Needed

- Stairs
- Ramp
- Parallel bars

Checklist: Review the checklist before your appointment and complete the action items.

- Capture C-Brace joint unit serial number in the patient's file
- Ensure you have Setup App and internet connection, and you can connect to C-Brace joint unit
- If knee flexion during swing phase never exceeds 60°, no need to change setting for swing flexion angle
- If Hyperextension thrust is not noticed, no need to adjust stance extension resistance
- Instructed patient on battery management
- Instructed patient on Cockpit App
- Instructed patient on sitting mode and stance function
- Instructed patient on MyModes in Cockpit App
- Provided patient with user IFU, battery management IFU, patient quick reference, and wallet for Mode changing instruction document
- Observed patient plug charger into C-Brace joint
- Observed patient doff / don orthosis
- PT instructed patient in proper technique for sitting down
- Patient and PT successfully and safely negotiated stairs and ramps
- Patient consistently initiated swing phase. Calibration is appropriate.
- Set follow-up appointment